

## FABIUS POMPEY OUTREACH



The mission of the Fabius– Pompey Outreach Program is to help families and individuals living in the Fabius– Pompey School District.

Our Current Needs: Canned fruit, juice, meat, soup, tuna and vegetables. Cereal, Jam/Jelly, Pasta, Peanut butter, Macaroni and cheese, Spaghetti sauce. Also cleaning supplies: paper products, soap products and detergent.



Soon it will be time to start filling Holiday Baskets for those in need. Any donations made be left at your local church or school.

If you know of a family that would be in need of the services the Outreach supplies: Food, clothing, transportation or Holiday Baskets, please call 315-677-3590 and leave a message. All information will be kept confidential.

## FOOD BANK OF CENTRAL NEW YORK

The function of the Food Bank of Central New York is to act on behalf of the residents of Onondaga County. The application for Food Stamps ( a federally funded program), is now available online, eliminating the need to go to the offices of the Department of Social Services.

On October 28th, Food Bank of CNY representative, Tracey Clark, will be holding a session at the Pompey Town Hall starting at 10:00 a.m. At that time, Ms. Clark will be available to help residents apply online. Residents should bring id, birth certificates and social security cards (if they have them, not mandatory), proof of income, how much they pay for housing, and heat bills. If people apply for and receive food stamps and pay their own heat bill, they automatically receive a HEAP benefit as well.

If you currently have a child or children in a Day Care Program the income limits are higher.

“Receiving Food Stamps is not Welfare. It is a federal nutrition assistance program and if you have worked your whole life, you’ve paid into the program,” says Tracey. “If you need to draw on it now, that is what it is there for.”

If anyone wishes to be pre-screened for Food Stamps, is in need of help immediately, or can not make the October 28th meeting, please feel free to contact Tracey at (315)437-1899 x224. She will be happy to help you fill out an application.

Information and income guidelines are available at the Pompey Town Hall or by going to the website: [www.foodbankcny.org](http://www.foodbankcny.org)